



Unwind

Dance: Red Is The Rose

Type: 32 Count, 2 Wall, Intermediate NC2S

Choreographer: Gary O'Reilly (Ire), January 2020

Choreographed to: Red Is The Rose by Órla Fallon ft Tommy Fleming (105 bpm, 4:28 min)

Intro: Start after count 24, on the word "Over"

Section 1 1,2& 3	Step, 1 1/4 Turn, Weave Left, Cross, Side, Back x 2, Side Step right forward. Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward Turn 1/4 right stepping left to left side and sweep right (3:00) Non-turning steps 2-3: Walk x 2, 1/4 Turn Walk forward stepping left, right. Turn 1/4 right stepping left to left side and sweep right (3:00)	Step, turn, turn Turn  Walk, walk, turn
4&5	Cross right behind left. Step left to left side. Cross right over left and sweep left	Behind, side, cross
6&	Cross left over right. Step right to right side	Cross, side
7##	Turn 1/8 left stepping left back and sweep right (1:30)	Back
8&	Step right back. Step left 1/8 turn left (12:00)	Back, side
Section 2 1,2& 3& 4&	Forward Rock, Side, Step Pivot 1/2 x 2, Forward Rock, Side, Cross, Mambo Cross Turn 1/8 left and rock forward on right (10:30). Recover on left. Step right 1/8 turn right (12:00) Step left 1/8 turn right (1:30). Pivot 1/2 turn right (7:30) Step left forward. Pivot 1/2 turn right (1:30) Non-turning steps 3&4&: Rocking Chair	Forward rock, side Step, pivot Step, pivot
3&4&	Rock forward on left making 1/8 turn right. Recover on right. Rock back on left. Recover on right	Rocking chair
5,6&	Rock forward on left. Recover on right. Step left 1/8 turn left (12:00)	Forward rock, side
7&8&#*</td><td>Cross right over left. Rock to side on left. Recover on right. Cross left over right</td><td>Cross, mambo cross</td></tr><tr><th>Section 3</th><th>Nightclub, Hinge 1/2 Turn, Cross, Scissor Step, Side, Cross Back Rock</th><th></th></tr><tr><td>1,2&</td><td>Step right large step to right side. Cross rock left behind right. Recover on right</td><td>Side, back rock</td></tr><tr><td>3,4</td><td>Turn 1/4 right stepping left back (3:00). Turn 1/4 right stepping right to right side (6:00)</td><td>Turn, turn</td></tr><tr><td>&</td><td>Cross left over right</td><td>Cross</td></tr><tr><td>5&6& 7,8</td><td>Step right to right side. Step left beside right. Cross right over left. Step left to left side Cross rock right behind left opening body to diagonal (7:30). Recover on left</td><td>Scissor step, side Back rock</td></tr><tr><th></th><th></th><th>Dack fock</th></tr><tr><th>Section 4 &1</th><th>Side, Behind, Weave Left, Run 3/4, Press, Behind, 1/4 Turn</th><th>Cido hobind</th></tr><tr><td>2&3 @</td><td>Step right to right side (6:00). Cross left behind right and sweep right Cross right behind left. Step left to left side. Cross right over left</td><td>Side, behind Behind, side, cross</td></tr><tr><td>4&5</td><td>Run forward stepping left, right, left making 3/4 turn left and sweep right (9:00)  Non-turning steps 4&5: Run 1/4</td><td>Run, run, run</td></tr><tr><td>4&5</td><td>Run forward stepping left, right, left making 1/4 turn right and sweep right (9:00)</td><td>Run, run, run</td></tr><tr><td>6,7</td><td>Press right forward over left. Recover on left and sweep right</td><td>Press</td></tr><tr><td>8&</td><td>Cross right behind left (9:00). Step left 1/4 turn left (6:00)</td><td>Behind, turn</td></tr><tr><td>Tag 1</td><td>End of Wall 1 (12:00 - add Tag facing 6:00) Sway x 4</td><td></td></tr><tr><td>1-4</td><td>Step right to right side and sway right. Sway left. Sway left</td><td>Sway, sway, sway, sway</td></tr><tr><th>Tag 2</th><th>End of Walls 2 & 5 (6:00 - add Tag facing 12:00) End of Wall 4 (12:00 - add Tag facing 6:00) Sway x 2</th><th></th></tr><tr><td>1,2</td><td>Step right to right side and sway right. Sway left</td><td>Sway, sway</td></tr><tr><td>Step</td><td># Wall 3 (12:00) after 16 Counts (facing 12:00)</td><td></td></tr><tr><td>Change</td><td>Side, Drag</td><td></td></tr><tr><td>1,2</td><td>Step right large step to right side. Drag left beside right</td><td>Side, drag</td></tr><tr><th>Restart</th><th>* Wall 3 after Step Change</th><th></th></tr><tr><th>Hesitation</th><th>## Wall 8 (12:00) after 7 Counts (facing 12:00) Add 1 extra count sweep and continue with dance</th><th></th></tr><tr><td>Ending</td><td>@ Wall 8 (12:00) after 27 Counts (facing 6:00)</td><td></td></tr><tr><td>1.2</td><td>Unwind 1/2</td><td>TT</td></tr></tbody></table>		

Unwind 1/2 turn left (12:00) {1-3}

1-3